

24 WAYS TO SAY:



24 WAYS TO SAY THANK YOU

by ChronicBabe

Thanks! Thanks for being awesome. Thanks for being part of the ChronicBabe community. Thanks for always offering your fave tips for us to share. XO!



It's time for you to make someone else's day. These 24 ways to say thank you can help.

It is so important to say thank you and to show people that you appreciate their goodness.

Here at ChronicBabe, we try to express our gratitude every day. We thought we'd help you do the same, too!

We made you a collection of easy cut-outs to give away to those who inspire positive energy and make your days special.

Showing gratitude not only reinforces good behaviors, but it [benefits your health](#) too.

Spreading the love also improves your [heart health](#).

Oh! And check out some of these famous [thank you letters](#).

So how will you thank people today? Will you send them a note? Shoot them a text? The medium

doesn't matter...it's making the time to tell someone they're awesome that matters.

Have a suggestion? Another cool way to say thank you? Visit [ChronicBabe.com](#) and let us know.

And: Team ChronicBabe, including summer intern Michelle Pizzo, thanks YOU. You rock! XO!

Say thanks.

Use our ways, or make your own.

I love the way you

_____.

Your

attitude is contagious.

Thanks for being so

_____.

You rock because

_____.

Your

_____.

makes my day!

Thanks for always

_____.

I admire you because

_____.

Your

_____.

makes he happy!

Say thanks.

Use our ways, or make your own.

Your smile makes me smile!
Keep it up!

Thanks for being an amazing
role model.

Your awesomeness is a turn-on!

Your positive energy makes me feel
like I'm queen of the world!

You rock!

You are so smart!
Let's talk every day!

Thanks for being amazeballs!

Your laugh sounds like
a million bucks and a half!

Say thanks.

Use our ways, or make your own.

You're so nice
I could tell you twice!

...You're nice.

You are so beautiful
I can hardly stand it!

Thanks for being my friend.

You make me want
to be a better person.

Your style is amazing, babe!

Thanks for not sucking.

Thanks for being so lovable!

You are so brave.
You are my fave!

THANK YOU!

Have some tips we missed? **Shoot them our way** and we'll add them in to the next edition.



We can't do it without you. Become part of the ChronicBabe community.

This is a community because you're a part of it, and there are so many ways to connect with ChronicBabes.

Check out the [website](#) where you can shop and read articles that motivate or help you learn to deal with your chronic illness.

Make sure to find the [forum](#) where you can

offer solutions and tips of your own or just get something off your chest.

Also, make sure to sign up for the ChronicBabe [newsletter](#), where we share lots of freebies and announce upcoming projects!

You can chat with us on many social media channels, like [Twitter](#) and [Facebook](#), to get fast

health news and other babelicious updates.

Follow ChronicBabe on [Instagram](#) and [Pinterest](#) for cute pictures that lead to smart thoughts and articles.

That should keep you busy. See you online!

XO, and thanks!

- Editrix Jenni